

Green Valley Hospital

By Cynthia Surprise

The highly anticipated Green Valley Hospital is scheduled to open April 1, 2015. Over sixty EE residents were eager to learn what Chief Executive Officer David Wanger had to say about this new, full-service, general acute care hospital when he spoke at the EE Ramada on Monday. Thanks to Arlene Boyles, a long-time EE resident and the hospital's new Community Liason, for arranging the presentation.

Mr. Wanger's talk was very informative and he addressed a number of questions from our residents. You can get further information about the hospital on the hospital's website — greenvalleyhospital.com. The following are highlights of his presentation:

- Three hundred fifty million dollars in gross charges go to Tucson hospitals annually from the Green Valley/Sahuarita area.
- The 147,000 square foot hospital and three medical office buildings totalling an additional 40,000 square feet are being constructed on 11 of the 22 acres of the current site.
- The hospital will be locally controlled and operated and will have an advisory board of local citizens.
- Hospital services and amenities include:
 - 50 inpatient beds (private rooms), 44 general medical surgical beds, 6 ICU beds
 - 12 bed Emergency Department including 2 trauma/major medical rooms



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Upcoming Events



Veteran's Day Celebration **Tues., November 11 • Sunset Ramada** **5:00 p.m. Social Time • 5:30 Potluck**

*Please bring your favorite entree, side dish, salad or dessert to share
Soda, water, beer, wine and place settings provided
Program and music to follow dinner
Food Bank donations appreciated*

Enhancement Team

By Barb McCalpin

The Enhancement Team will swing into action in November for the upcoming season. For those who may not be familiar with the purpose and activities of the team: we hold several fundraisers throughout the year; all funds that are raised are invested back into EE for the benefit of all residents.

Our main fundraiser is the annual Thrift & Bake Sale held at the ramada on the first Saturday each March (next one on March 7, 2015). We are already collecting new or gently-used items for our next sale. If you have items to donate, please call Barb McCalpin (867-8067) or contact any member of the team for pick up. We also hold one or two additional fundraisers each year. We organize the common area decorations at Christmas each year. We look for activities that are interesting and fun for all.

The team, with much support from our residents, has funded many additions around EE. The list is way too long to enumerate here, but some examples are: the two monuments on Portillo and Esperanza, the tables, chairs, and kitchen at the ramada, support for Arts Club and Gardener projects, and much, much more. We are always on the lookout for worthwhile additions and projects that will enhance our community. We welcome your suggestions. We also welcome new members. We share the work, so it's not too much for any one person. We also save some time for some fun team activities. If you would like to help, talk to any team member or call Barb McCalpin.

Board Meetings

*Nov. 17 • Dec. 15
January 19: Annual Meeting
Feb. 16 • March 16 • April 20
May 18 • June 15
1:00 at the Ramada*

Board member list & meeting minutes available at <http://esperanzaestates.net>

Esperanza Estates Homeowners Association
P.O. Box 181, Green Valley, AZ 85622-0181

- Helicopter pad
- Surgical suite with 4 oversized rooms
- MRI, CT scan, nuclear medicine, fluoroscopy, ultrasound, dexa scan, mammography, RF, digital X-ray
- Pre-operative and post anesthesia care units
- Cardiac catheterization laboratory
- Respiratory department
- Dialysis
- Neurology
- Full service laboratory and blood bank
- Pharmacy (inpatient and emergency room only)

Mr. Wanger said he is in the process of putting together the medical staff and expects to attract Tucson-based doctors to the hospital. Doctors who contract with the hospital will be required to set up an office in the area and not just come to Green Valley a couple of days a week. In addition, at least one doctor from each medical practice will be required to be able to reach the hospital in 30 minutes in case of an emergency.

According to Mr. Wanger, the hospital will not be a “stop station” where patients are stabilized and then sent on to a Tucson hospital.

Mr. Wanger said he hopes the community, and especially younger families from Sahuarita, will support the hospital rather than traveling to Tucson. He also has concerns about the potential impact on the hospital if a number of patients who would currently go from Holy Cross Hospital in Nogales to a hospital in Tucson prefer instead to go to the Green Valley Hospital.

Currently, the focus is on providing the basic hospital services, but Mr. Wanger has hopes for future expansion with the potential for a nursing home, an assisted living facility and a stroke center, among other things. Stay tuned for updates on specifics as the opening date approaches.

EE Newcomers

Esperanza Estates goes out of its way to let new residents know we're glad you're here. You've probably already been contacted by your Neighborhood Watch Block Captain. Be sure Neighborhood Watch always has your updated contact information. This can be really important in an emergency.

You'll soon be contacted by a member of EE's official welcoming committee, Bienvenidos. They'll be calling to set up a brief visit with you and give you some information about our subdivision and its many activities. On December 3, Bienvenidos will hold its annual newcomers reception. You'll receive your invitation in November, but please mark your calendars now. This is a wonderful chance for new residents to meet other newcomers in a less intimidating setting than a full-blown EE social event. We look forward to meeting you.

Your Fascinating Neighbors

Stamp Issued to Honor EE Resident

EE resident Rosella Bjornson experienced a unique honor this summer: a stamp was issued to commemorate the 50th anniversary of her first flying lesson on July 13, 1964. The stamp was introduced by the East Canada Section of the Ninety-Nines (an international organization of women pilots) and features Rosella as a newly hired Transair First Officer and then as a Canadian Airlines Captain.

Rosella became the first female airline pilot in Canada in 1973 and in 1990 the first female airline captain. Rosella's husband, Bill Pratt, was also a pilot with Air Canada. The family aviation tradition is being carried on by their son, Ken, who is the chief of maintenance for North Caribou at Edmonton International Airport. Their eight-year-old grandson has also shown an interest in aviation, although their one-year-old twin grandsons aren't revealing their future career paths just yet. Their daughter Valerie is an occupational therapist.

Here's Rosella's story written by the 99's to celebrate Rosella's career.

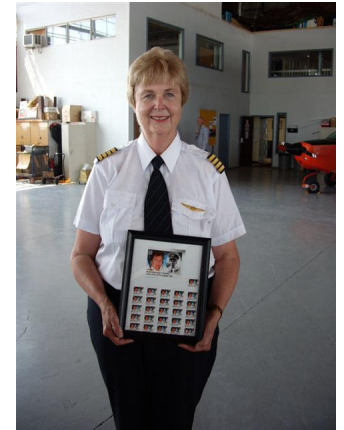
In April 1973, Transair, Canada's fourth largest airline, hired Rosella Bjornson as First Officer on a Fokker F28 jet. She was the first woman to be hired by a commercial airline in Canada, and the first woman member of the Canadian Air Line Pilots Association, joining a fraternity of about 2800 male airline pilots.

From a young age, Rosella was quite at home in an airplane cockpit. Rosella's interest in flying ignited at a young age when her playhouse was the war surplus derelict Anson purchased by her pilot father. As a youngster she sat on his knee and held the controls as he flew his Aeronca Champ. Her seventeenth birthday gift was an easy choice for her parents - flying lessons!

She had her first official flying lesson at the Lethbridge Flying Club July 13, 1964.

When Rosella told her guidance counsellor she wanted to be an airline pilot, he laughed and told her "that wouldn't be possible because she was a girl." Rather than give up or try to fight the system, she accepted this information as feedback. A determined Rosella knew she would need much more than the minimum requirements in order to poke her way into this male domain. She contacted Air Canada to ask what qualifications they were looking for in their pilots. When told they preferred to hire university graduates as pilots, Rosella enrolled in the University of Calgary Bachelor of Science program. She moderated her winter academic studies by flying during the summers, earning her Commercial Licence and Instructor Rating. She saw instructing as her way to build the experience (hours) required by the airlines.

Not everyone saw her career choice as an obvious, or even possible one for a young woman. When she applied for an instructing job with all the flying clubs in Canada, she received only one offer - in Winnipeg. This later turned out to be providential. In Rosella's spare time she earned Multi-engine and Instrument Ratings and chatted with pilots in the coffee shop. When she completed her Airline Transport Rating and began applying for a job with an airline, she received the standard negative replies - except from Transair, based at the Winnipeg International Airport. Several Transair pilots knew



Continued on next page

Rosella and had observed her work ethic. Transair was in the midst of expansion and needed more pilots.

Rosella had the exact qualifications they required. The chief pilot even offered her a job choice, Captain on the Twin Otter or Copilot on the Fokker F-28 (Fellowship). In April 1973, when Rosella checked out on the F-28, she became not only the first woman First Officer in Canada, but also the first jet qualified female airline pilot in North America.

One would think Rosella had arrived. However, it wasn't all to be smooth flying for this young woman. Being first in any field isn't easy because of people's attitudes and biases. Rosella received her fair share of jibes from some of her male colleagues. She took them in stride and with her good sense of humour.

Being first in a field may well lead a person to confront inconsistent policies or practices, often not an easy task. The company's lack of policy for pregnancy leave for their pilots presented new challenges. Transport Canada wouldn't grant a Category 1 medical to anyone who was pregnant. Transair grounded Rosella. By taking sick leave she could retain her benefits but she didn't see pregnancy as a sickness so she took an unpaid leave of absence. Upon her return, she was offered a course on the 737, which resulted in her commuting between Vancouver, Winnipeg, Edmonton and Peace River - with the baby in Peace River.

At times she felt like quitting, but knew that if she did, subsequent women pilots would have an even more difficult time piercing this male bastion. Her second pregnancy was more readily accepted by the company but Transport Canada was slow to grant her a waiver to continue flying. Again she was grounded.

Rosella subsequently worked with Transport Canada to change their rule that when a pilot is pregnant she loses her medical. Now a pilot can fly under a doctor's supervision for the first six months. In 1990 Canadian Airlines International promoted her to Captain, the first Canadian female airline captain. With her wonderful sense of humour, Rosella is a gracious, highly skilled role model to the Canadian women who have subsequently been hired by the airlines.

Welcome to EE!

By Barb McCalpin

Moving to Green Valley was like coming home for new resident Judy Wells. She lived here many years ago, but after living in various locations in the south and east, she wanted to return. When she saw her current home on Circulo del Norte, she felt an immediate connection and knew that it was a place where she wanted to live. She has done some "fixing up," and wants to do more in the future. She and her dog, Princess, have already met numerous neighbors on their morning walks. Judy wants to get settled in, but then is interested in participating in EE activities. Take note: She says she's good at organizing!

New Owners

James D & Diana Browne
1097 W Circulo del Sur

EE Directory Reminder

If your phone number has changed since the 2014 directory, please email the information to Cheri Day (theday007@aol.com) as soon as possible. If you don't have email, you may call Mary Beth Wallace at 399-0299. New directories will be available at the annual meeting in January.

EE Shade Tree Park: Tree Selection Options

By Bill Berdine

The following seven trees have been identified for possible inclusion in the EE Shade Tree Park. Criteria for inclusion in the list include suitability for the site at approximately 2800' +/-, drought and cold tolerance, pest issues, litter and rate of growth. The trees included are all recommended for park or residential use by the University of Arizona Cooperative Extension. All seven trees are available in the greater Tucson area nurseries ranging in price from approximately \$90 to \$300. The larger the container the greater the tree height and cost. A 35 gallon Red Oak at 15' to 18' costs between \$250-\$300. The same tree in a 24 gallon container at 10' to 12' costs \$125 to \$150. Delivery to planting site costs between \$45 to \$100 for the same trees, with the number of trees not a cost factor. Civano Nursery has the lowest delivery costs, Mesquite Valley Growers the highest. Actual planting of the trees is not covered by any of the nursery estimates but could be estimated if we decide to not do the work ourselves.

The seven trees included for consideration are (not in any priority order):

- Velevet Mesquite (*Prosopis velutina*)
- Arizona Ash/Velvet Ash (*Fraxinus Velutina*)
- Honey Locust (*Gleditsia triacanthos*)
- Red Oak (*Quercus shumardii*)
- Chinese Pistacia (*Pistacia chinensis*) [mature version @ 747 Ensalmó]
- Coolabah (*Eucalyptus coolabah*)
- Bottle Tree (*Brachychiton populeneus*)

You can view the above trees on the EE web site under EE Shade Tree Park - Recommendations:

<http://esperanzaestates.net/documents/ShadeTreeGrove.pdf>

Your recommendations and any experience you might have with any of the above will be appreciated and taken into consideration. If you wish to donate money for any tree, your donations will be much appreciated. If you would like to select a specific tree and size and place a dedication plaque at its location, the donation for this will be \$300 to \$500 depending on container/height size ranging from 24 gallons to 34 gallons. Contact Bill Berdine for additional information or arrange for donations: 520-344-7301; email: whberdine@roadrunner.com.



Arizona Ash



Coolabah



Red Oak



In Memoriam

Calvin A. Judd
759 Placita Nueva
Sept. 3, 2014

Green Valley Council News

By Joe McCalpin

The Council is getting down to business for the coming season. There will be a new President, Stan Riddle is retiring. He has done a good job in re-directing the Council towards more civic involvement and in facing the looming financial crisis that stems from the fall-off from the phone directory income. Advertising money is being re-directed to the internet and away from the phonebook. Remember when we didn't buy Yahoo's stock because we didn't see how they would ever turn a profit from advertising.

The election is slated for next meeting with candidates running unopposed. Kind of like an HOA?

I found out that the Council has an account at Morgan Stanley for investment income. I will talk to Don Weaver about it. We are getting squat from our investments, but we can't tolerate any risk to principal. I'd like to see what the Council does about risk management.

The Council will hold a Household Hazardous Waste event on 31 January next year. As you know, the County pulled out of the joint program with the City of Tucson, leaving us in the lurch with no funding. We have two grants forthcoming that will almost cover the costs, but we will have to go to the Community for additional revenue. Our County Supervisor is interested in a joint venture in the future. Perhaps he is considering some negative impact from the County's action in trashing the program. We have all the pieces in place, it is the money.

We have finally decided on how we will resolve the Ride Home issue. After studying the issue we decided that the frequency of having someone stranded at the hospital is not sufficient to warrant a significant capital investment or having an organization make a radical change in their service structure. Two actions will take place. First a flyer is being prepared that lists all of the transportation options in Green Valley and will be distributed to physicians/health care organizations, hospitals, churches, civic organizations and HOAs. The transportation options available to our residents are impressive, but getting the information to those that need it is a daunting task. The second action will be to determine if several organizations working together might possibly form an ad hoc group to handle those isolated instance where someone gets stranded.

The Council has established a Preferred Vendor Program that lists over 100 vendors for all sorts of services. This service is free; the vendors are thoroughly vetted and pay to be listed. For more information: 520-444-6760.

There is a new schedule of events for the coming month. I will provide these to the Monday Morning Memo.

JUST FOR FUN... Test your early rock-n-roll knowledge

1. When did Little Susie finally wake up in the Everly Brother's tune? (a) The movie's over, it's 2 o'clock; (b) The movie's over, it's 3 o'clock; (c) The movie's over, it's 4 o'clock
2. The song "Rock Around The Clock" was used in what movie? (a) Rebel Without A Cause; (b) Blackboard Jungle; (c) The Wild Ones
3. "I found my thrill . . ." where? (a) Kansas City; (b) Heartbreak Hotel; (c) Blueberry Hill
4. "Please turn on your magic beam, _____ bring me a dream." (a) Mr. Sandman; (b) Earth Angel; (c) Dream Lover

Answers on page 13

Wildlife Watch: Scat!

By Mike Gerrard

In the last Periodico I mentioned how identifying some scat in our backyard led us to believe that we'd had a bobcat visiting us. A willingness to peek at poo can tell you whether the droppings you find outside your house are domestic dogs or wild javelina.

Firstly, though, what do you call this, er, stuff? Scat is the word you use if you're talking about wild carnivores, though you can also describe them as droppings. Droppings are also what birds leave behind them. If it's a bat it's not scat, but guano. If it's a deer – and we did spot a mule deer not long ago in the desert land across from where Esperanza meets Portillo – then it's called fewmets, which refers to all hunted animals. Finally, if it's a domestic animal then what you call it is probably unrepeatable.

We started to take a little more interest in scat when we were walking with our nephews and niece in Madera Canyon a few years ago. Kids being kids, they took a great delight in the droppings we came across. I said I'd write a series of crime novels which were solved by a scientist's specialist knowledge of scat. I'd call my hero Professor Poop. I dropped the idea when I discovered there really is a professor who nicknames himself Professor Poop.

Anyway, we started looking online to find out more about the subject. How to you tell a cat from a bobcat? How do you know what a javelina's calling card looks like? What about coyote crap? And there are some pretty big bird droppings around the neighborhood too, which is why I'm often having to take a hose to the back wall.

Here's a photo (*right*) we took of what we think is bobcat scat, found in our back yard. If you do a Google Images search for bobcat scat, your screen will be filled with feces, much of it similar to what we found. A major problem with scat is that animals aren't consistent, and the look varies widely. All you can do is get a general idea of the most likely suspects. Bobcat scat is usually segmented, as in the photo, so is different from and usually much bigger than a domestic cat's droppings.



Javelina scat is often very similar to a medium-sized domestic dog, so is tricky to identify for sure. If it's fairly fresh then it is often dark green, but it quickly dries and loses the color in the Arizona sun. As with a domestic dog, it can dry to any shade from dark to white. One clue will be if you can see some of what the animal's been eating. The javelina diet is much more varied than the average pooch, but it will excrete what it can't digest, such as seeds from a prickly pear. (And if your dog is trying to eat prickly pear, I think you need a stern word with it.)

Coyotes are still common in the area, and I'm sure we've all heard them howling at night from time to time. Their scat is said to resemble a small cigar, but with a tapered end. It's generally grey to black but gets lighter the longer it's exposed to the sun. If you're prepared to take a closer look at it, you can usually distinguish it from dog poop because of the coyote's diet. The scat may have signs of bones, feathers, fur or insects in it – most of which you won't find in the average can of dog food.

So that's scat. Watch where you're walking!

Día De Los Muertos — Day of the Dead

By Cindy Krantz

This three-day Mexican celebration has its roots in pre-Hispanic cultures where skulls were kept as trophies symbolizing death and rebirth. The yearly celebration runs from October 31 through November 2 to honor the dead and remember departed loved ones. Families prepare favorite foods of the departed, pan de muerto (bread of the dead) and calavers (sugar skulls) and picnic at their graves. They also build altars decorated with toys, candles, marigolds (the traditional flower of the dead) and photos of the deceased family members to encourage their visits. Ofrendas (offerings) are left out in the homes to entice the spirits of the dead with pillows and blankets left out for their comfort. People dance, sing, and share memories of their departed loved ones, whose spirits they believe return briefly to celebrate with them.



Many of these traditional Day of the Dead activities are observed more closely in the small towns and rural areas of Mexico. Urban celebrations tend to be much more secular and carnival-like with Mariachi music, processions and much food and drink.

The elaborately dressed skeletons and emphasis on fun and celebration arose from the idea that Death is the great equalizer, laughing and singing, as it has the last word, rendering all equal in death. The belief in a cyclical nature of life and death and a strong belief in the afterlife resulted in an attitude of celebration of death, rather than a fear of it. Death was simply a continuation of life.

Although Dia de los Muertos is a Mexican holiday, its celebration has spread to many other countries, such as the U.S. and Canada. Guatemalans fly giant kites and eat fiambre (cold cuts) as part of their celebrating. In Ecuador, families gather in cemeteries with special foods including colada morada, a spiced fruit dish. Brazil has a public holiday when people celebrate by attending church. Haiti blends Roman Catholic observances with voodoo, marked by loud drums and music played at all-night celebrations in cemeteries, to awaken the dead.

Tubac will have a Dia de los Muertos celebration on the grounds of the Presidio State Historic Park on November 2, from 11 am to 4 pm. There will be face painting, decorating sugar and/or clay skulls and displays by Tubac artists. It's a good way to learn about this aspect of Mexican culture which we see all around us.

Picking up after your pet is the law in Pima Cty.



It's sad that we have to remind people to have some common courtesy and not leave dog poop where people can step in it.

Interview With Bill Berdine, Arizona Master Gardener

By Cynthia Surprise

For the last few years, Bill Berdine has been busy improving the EE parks and common areas as head of the EE Gardeners. Bill has a serious interest in gardening, so it was natural for him to want to become an Arizona Master Gardener, which he did last May. In this interview, Bill relates his experience with the program.

Tell us about your gardening interest/experience before you came to Arizona.

I am the eleventh of twelve children raised in NW (Appalachian) Pennsylvania. When I was born, there were 10 children living in one house and we had a two acre vegetable garden, chickens, ducks and one milk cow. Before leaving for school or work in the family printing business, each child had seven rows in the garden to hoe or harvest for eating and/or canning as well as milking the cow and gathering the daily egg supply. As one of the youngest, my chore was to churn the morning's cream into butter. This was the beginning of my nearly lifelong interest in gardening that continued through my 35 years living and working in Kentucky.

My Kentucky gardening included a 50'x 20' vegetable garden in which we grew all of the usual vegetables including tomatoes, squash, cucumbers, cabbage, egg plant and brussel sprouts. In addition to vegetables we planted 50 garlic sets which we planted in October and harvested the following May/June. My wife, Stacie Meyer, learned to braid the garlic plants at harvest and those we did not use we gave as gifts to our neighbors and friends. Around our house in Danville, KY we had four 50' x 12' flowering trees, perennial flowers and shrub beds. We had a banana tree that started as a joke and grew into a 25' x 10' perennial. It never produced any fruit but was a major hit with our 7 year old grandson.

Why do you like to garden?

Prior to retiring, gardening was my way of getting away from the stress of my university career, research and publishing issues and faculty politics. Additionally, my wife is an accomplished gardener and this has been an activity/hobby we can do together.

What gardening have you done in Arizona?

My primary interest in Arizona has been learning about cactus and succulent plants, their planting, care and propagation. In our Calle del Regalo side yard we have developed a demonstration cactus garden with 28 species of cactus that are spread over 38 various specimen.

We chose native and non-native cactus with two criteria, they are all cold hardy to 20F and lower and they all are flowering. Our garden was one of five featured in the April 2014 Green Valley Garden Tour when we had over 400 visitors in the one-day event. Cactus are a daily surprise for me, especially while they are in bloom. We extend an open invitation to our Esperanza Estates neighbors to drop by to see the garden at any time of the year.

What prompted you to apply for the Master Gardener Program?

After nearly 50 years of gardening in Pennsylvania and Kentucky, I found that much of my gardening knowledge was counter-intuitive with regard to desert and xeriscape gardening in Arizona.

For example, it is quite common when transplanting a plant in Kentucky to fill the hole in the garden

Continued on next page

with water and then to water the plant well after filling in with soil. With regard to most all cactus and succulents, you do not plant a freshly cut or pruned plant. The protocol is to let it sit upright for two to three weeks and wait until it develops a callous at the cut end and then plant it in a shallow hole and not water for at least one to two months and then only minimally. I've learned the hard way, there are two primary killers of cactus and succulents, excess water and people and the two are generally found together.

What are the qualification to be a Master Gardener?

Critical is an interest in gardening in a desert climate. You must be willing to attend one three hour class a week for one semester at the U of A's Agriculture Extension complex in Tucson. There is a \$200 course fee which covers the cost of two comprehensive desert gardening texts.

To maintain your Master Gardener credentials, you need to be willing to provide a minimum of 20 hours of community volunteer service a year. I plan on volunteering as a gardening consultant in the Green Valley Agricultural Extension Office on Madera Canyon Road as well as at the U of A Office in Tucson.

What did the Master Gardener preparation involve?

The once a week three hour lectures included topics specific to the regions gardening issues such as: fundamental botany concepts; various types of irrigation systems; citrus planting and related issues of disease and pest control; soil nutrition and fertilization issues; vegetable gardening in the desert; cactus and succulent planting and care; desert and non-desert trees and native shrubs; roses and flowering plants for desert climates; best practices for plant propagation; phenology procedures to monitor and document recurring plant growth characteristics to predict future care and management. Tips and techniques for consulting regarding desert gardening were also incorporated into several of the above topics.

There is a comprehensive written final exam at the end of the course but the Master Gardeners work diligently to insure that there are few, if any, student failures. In fact more students drop out due to the information and reading load than fail the exam. The exam was very stressful for me. I had not taken a written comprehensive exam since my doctoral qualifying exams at Penn State in 1970. I did cram and complain, but in the end I passed.

What was the most interesting part of the program for you?

I found the issues of plant pest and disease management to be very interesting and well taught. The emphasis on integrated pest management involving chemical and non-chemical methods was particularly timely for my current cactus gardening and work with the EE Gardeners. The course taught and emphasized a cautious well thought out use of chemical elimination of any pest form.

What plans do you have for projects now that you are a Master Gardener?

The EE Gardeners are planning on installing a shade tree garden this fall. The project will include 7 to 8 native trees and shrubs. We will be using 10' to 12' trees so my Master Gardener training will be put to use with regard to tree and shrub selection, depth of planting, watering and fertilization. The project will complete the last sizable common area land not developed in our EE HOA and therefore is important and symbolic.

On a more personal level, my wife and I have recently purchased an 8 acre property between Amado and Tubac. I want to plant a combination heirloom apple, peach, plum and pear orchard based on the Tumacacori Mission's research with regard to historic planting of apples and stone fruit. We also will install a small vineyard of table grapes. These are areas of gardening for which we have no experience so it will be an adventure.

Restaurant Review

By Linda Sielken

RISE

120 . Calle de la Tienda (across the parking lot from Manuel's)

520 576-0419

www.risebytlc.com

Open Monday through Friday 7:00 a.m. – 3:00 p.m.



Dave and I went here for lunch. You order at the counter and then find a seat. There is inside seating and outside seating, covered and uncovered.

There were lots of delicious looking selections including a huge breakfast menu with some vegetarian selections. Breakfast is served all day. This appealed to Dave who ordered a breakfast burrito. It had scrambled eggs, bacon and some chilis. We both tasted and it was delicious and well seasoned. Along with his burrito came a specialty of the house, Gigi's Potatoes. Slightly crunchy on the outside and hot and potatoey on the inside, these were excellent!

I ordered the chicken salad sandwich on multigrain bread with the Cowboy Salad as a side. My sandwich was a pleasant surprise. The chicken salad was well and unusually seasoned with thyme and rosemary and not mushy from mayo. It had lots of texture with walnuts, celery and red onions. My side salad had corn, beans and onions and was light and refreshing. It went well with my sandwich.

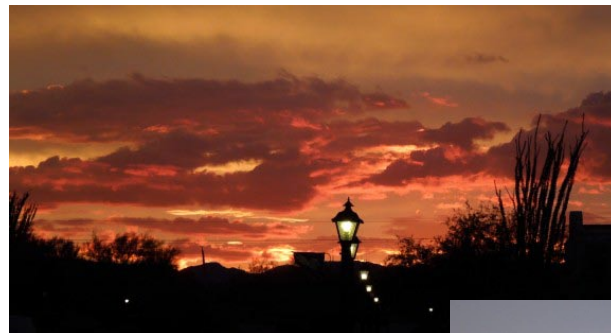
As we were finishing, the owners, Gigi and Jen, came out to talk to us. They are committed to making a go of this delightful eating spot. RISE also has a food truck on Fridays that goes different places by invitation, and on Wednesday nights they offer a different dinner menu for pick up each Wednesday of the month. Dave and I plan to order Philly Cheesesteaks on Oct.22. Yum, just like being back in Philly!

Dave and I highly recommend this place for it's tasty food, friendly staff and pleasing surroundings. Try it. You'll be glad you did!

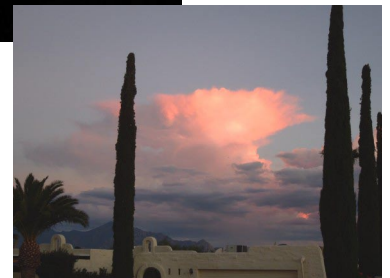
EE Sunsets...



Craig Surprise



Cheri Day



Book Corner: Benediction

...and an EE Connection

By Cindy Krantz

benediction . . . Noun . . . bene (well) + dicere (to speak) . . . a blessing, especially one given at the end of a service

Although *Benediction* by Kent Haruf is not a book with specifically religious undertones, the story line defines how Dad Lewis attempts to spend the last month of his life as a blessing. The book is a reflection of his life and how it has been lived, both the favorable and the not-so-favorable. Everyone in the small town of Holt, Colorado, seems to know Dad--perhaps that is why the author chose to call him "Dad" rather than Jim or Charlie or Bill. Dad Lewis owns the town's hardware store and he and his wife, Mary, have lived their lives surrounded by the familiarity a small town affords.

As the narrative begins, Dad has just been told he has very little time left to live. As each subsequent short chapter unfolds, incidents of Dad's life are revealed. The reader sees glimpses of encounters Dad has had with many of Holt's residents. Many reflect a conflict that arose, often due to Dad's life being governed by a strict moral code. There is the young employee who has stolen from the hardware store and the consequences of Dad's firing him, as well as how Dad makes amends to Clayton's family after his suicide. The revelation of Dad's whipping his son when he found Frank and his friend wearing his sister's dresses begins the estrangement between father and son. Frank moves away from Holt to be able to live his "alternative life style" free of Dad's disapproval.

There are many more "vignettes" of life in Holt. All paint a portrait of a small town, revealing insight into the suffering, the compassion and the humanity of the town and its residents. Readers may see *Benediction* as a cross-section of life. As Dad's days become few, he reflects on how to rectify the wrongs he's done. As his life slips away, one sees that his last days were spent attempting to leave this earth making peace and "speaking well" as a blessing to those he left behind.

An Esperanza Connection...

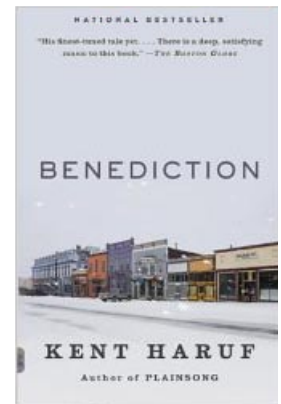
I was asked to lead a discussion of *Benediction* for the Valley Readers group. Through this gathering, I discovered that Esperanza Estates resident, Lois Blacker, has her own personal connection to Kent Haruf. Kent's father was a Methodist minister who married Lois and her husband, Mike. Kent was born in 1943 and Lois knew him and his brother as toddlers.

Haruf's descriptions of life in Holt (an imaginary Colorado town) reflect with accuracy, as Lois remembers, both the town and its life. Some of Haruf's characters bring to mind people she remembers. It has often been said that authors are most successful when they write about what they know. In *Benediction*, as well as *Plainsong* and *Eventide* (known as the Holt Trilogy) Haruf did just that.

Cindy Krantz is an avid reader and leads the EE Book Discussion Group.

Rock-n-Roll Quiz Answers:

1. c) 4 o'clock
2. b) Blackboard Jungle
3. c) Blueberry Hill
4. a) Mr. Sandman





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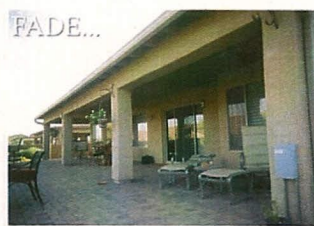


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